

# Early Days Overview & Schedule

Early Days is a series of **FREE** workshops and webinars for parents and other family members of young children (0-6 years) who are on the autism spectrum or who have concerns about their child.

## Topics

### My Child & Autism

- Understand what autism is, and what it means for your child and your family
- Practical strategies that can make a difference to your child's development
- Understand early intervention services and supports for your family

### My Child & Autism (Girls)

- Understand what autism is, and what it means for your daughter and your family
- Practical strategies that can make a difference to your daughter's development
- Understand early intervention services and supports for your family

### Understanding Behaviour

- Understand why your child has certain behaviours
- Develop strategies for reducing behaviours of concern
- Plan for success
- Support your child

### Helping my Child Cope With Change

- Understand why change is difficult for young children
- Identify challenges and successes for when change occurs
- Make a plan to help your child and family cope
- Develop strategies for day-to-day, minor, major and unexpected changes

### Progression to School

- Plan for a successful transition to school
- Identify what you, your child and the school need to know
- Develop strategies to help your child prepare for school
- Identify what your child will enjoy about school

### Encouraging Interaction Through Play & Social Learning

- Understand the importance of play
- Learn ways to incorporate play into everyday life
- Learn fun practical strategies that encourage interaction with your child
- Build on your child's current interests

### Developing my Child's Independence Skills

- Understand the importance of developing independence skills in young children
- Identify independence skills that may be difficult for your child, such as eating, sleeping or toileting
- Make a plan and develop strategies for your child

### For more information:

E. [early.days@autism.org.au](mailto:early.days@autism.org.au)

P. 08 6380 5500

F. [www.facebook.com/EarlyDaysWorkshopsAU](https://www.facebook.com/EarlyDaysWorkshopsAU)

W. [www.earlydays.com.au](http://www.earlydays.com.au)

## Upcoming Workshops and Webinars

DATE	TOPIC	TIME
24 July	Online: Progression to School	6:00pm - 9:00pm
29 July	My Child & Autism	09:30am - 2:30pm
31 July	Online: Understanding Behaviour (Part 1)	09:30am - 12:30pm
02 August	Helping my Child Cope with Change	09:30am - 11:30am
07 August	Understanding Behaviour	09:30am - 2:30pm
12 August	Online: Understanding Behaviour (Part 2)	09:30am - 12:30pm
14 August	Dads My Child & Autism	09:30am - 2:30pm
16 August	Developing My Child's Independence Skills	6:00pm - 9:00pm
21 August	NEW My Child & Autism - Girls	09:30am - 12:30pm
26 August	Helping My Child Cope with Change	09:30am - 12:00pm